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Dear Valued Patient,

We want to help you do everything you can to manage your diabetes. That means controlling not just your blood sugar but also your cholesterol levels. There are medications you may not know about that can help reduce cholesterol levels and help prevent or slow down long-term damage caused by diabetes to your blood vessels that can impact the health of your heart and brain. These medications are known as “statins”.

Statins that are currently available on the market as generics are:

Statins

- Zocor® (simvastatin)
- Lipitor® (atorvastatin)
- Pravachol® (pravastatin)
- Mevacor® (lovastatin)
- Crestor® (rosuvastatin)

Once you are started on a statin, it's important that you continue to take it as prescribed by your doctor. You might not be able to feel the effect of the statin medication but it is working on your blood vessels to keep you as healthy as possible. Bring this list with you to your next doctor's appointment, and ask your doctor if one of these medications would be a good choice for you.

If you have questions, please talk to your friendly neighborhood pharmacist.

Thank you!