

A Note from Your Pharmacist: Using a Statin for Your Patient with Diabetes

Date: _____

Dear _____,

Concerning your patient: _____

I believe this patient is a candidate for statin therapy. The 2013 American College of Cardiology/American Heart Association guidelines recommend that the benefits of using a statin outweigh the risk for diabetes patients age 40 to 75. The American Diabetes Association Standards of Medical Care also suggest a statin for most diabetes patients age 40 to 75. These recommendations are based on primary and secondary prevention benefits of statins on cardiovascular events and mortality in this patient population.

A moderate-intensity statin (e.g., atorvastatin 20 mg) is recommended for patients in this age group without additional cardiovascular risk factors. Patients with cardiovascular disease or additional risk factors should receive a high-intensity statin (e.g., atorvastatin 80 mg).

I'm suggesting addition of _____ to your patient's regimen for the following reason:

_____.

If you agree, please fax or phone an Rx to us at: _____ - _____ - _____ (fax) or
_____ - _____ - _____ (phone). Or, transmit a new eRx.

Please feel free to contact me at any time if you have questions or concerns. I'd also be happy to share more information about these updated guidelines.

Sincerely,
