

2021 Star Measure: CDC (Comprehensive Diabetes Care)

HbA1C

Measure Description: Percent of members with diabetes who had an A1c lab test during the year that showed their average blood sugar is under control ($\leq 9\%$) as of the final test in the year

Numerator: Member who had an A1C lab test during 2021 and had the most recent lab value indicate a HbA1c level of $\leq 9\%$

Denominator: Members ages 18 to 75 with Type 1 or Type 2 diabetes as indicated by medical claims or member use of insulin or antihyperglycemics on an ambulatory basis during the measurement year or previous year.

Diabetic Retinal Exam (DRE)

Measure Description: Percent of members with diabetes who had a retinal eye exam to check for damage from diabetes

Numerator: Members who have had one of the following:

- A retinal or dilated eye exam by an eye care professional (optometrist or ophthalmologist) in 2021
- A *negative* retinal or dilated eye exam (negative for retinopathy) by an eye care professional in 2020 or 2021
- Bilateral eye enucleation any time during the member's history through 2021

Denominator: same Denominator as A1c Control

Best Practices for CDC Measure

- A1c – Educate on the importance of blood sugar control and what HbA1c tests measures; testing should be done 2-4 times per year
- A1c – Emphasize the importance of daily blood glucose log and bring log to doctor visit
- A1c – Recommend members to complete labs prior to office visits or point-of-care A1c testing at time of visit
- DRE - Educate patients on the relationship of diabetes and eye health and the importance of compliance on patient's diabetes medication
- DRE - Educate patient on the importance of yearly retinal exam screenings
- DRE – Request location of eye exam if patients tell pharmacist that they had a retinal eye exam in 2020 and/or 2021. Document in EQuIPP

AR BCBS Diabetes Program: 2021 Resources and Benefits for CDC Star Measure

A1c Control Test Location Options:

Provider: PCP/Endocrinologist – routine in-office A1c point of care testing

Lab – in-person screening ordered by provider

At-home test kits – An easy-to-use test kit at \$0 cost can be mailed to the home with instructions and a return mailer. For a kit, call (or have member call) Arkansas Blue Medicare/Health Advantage at 501-371-4248 or email ABCBSMedicareStars@arkbluecross.com. The results will be shared with the member and their provider, along with being updated in the PQS EQuIPP portal.

Diabetic Retinal Exam (DRE) Location Options:

VSP (Eye Specialist) – To find an in-network vision care provider, visit www.vsp.com or call 1-800-877-7195.

Provider (PCP) – In-office, dilated retinal eye exams by camera scans may be available.

At-home Screening – In-home camera scans may be available for qualified patients. Patients can contact Signify Health's Member Engagement Coordinator at 501-207-0738 to ask if they're eligible for an at-home screening.

Additional Member Benefits

- HbA1c testing is covered at a \$0 co-pay for members.
- Arkansas Blue Cross Medicare members are eligible for a prescription fill of 100-day supply of diabetic medications. For many patients, this is at a cost savings. Suggest that the member request 100-day supplies or send a fax to the provider requesting the change.
- Completing both an A1c test and a retinal eye exam qualifies the member to receive a \$50 gift card reward in 2021. Members can sign-up at ArkansasHealthyBlue.HealthMine.com or Healthy Blue Rewards Customer Service at 1-800-960-6360 (Arkansas Blue Medicare Plan) or 1-866-210-7607 (Health Advantage).